

National Research Institute of Unani Medicine for Skin Disorders, Hyderabad

Under Central Council for Research in Unani Medicine

Ministry of Ayush, Government of India

SCIENTIST PROFILE



Name: **Dr. Abdullah**

Designation: Research Officer Unani & Scientist - 1

Department/Division: Mobile Clinical Research Unit

Official E-mail: abdu.ccrum@ccrum.res.in

ORCID/Google Scholar/Scopus:

1. Professional Profile / About the Scientist

Dr. Abdullah is working as a Research Officer (Unani) at the National Research Institute of Unani Medicine for Skin Disorders, Hyderabad, under the Central Council for Research in Unani Medicine (CCRUM), Ministry of Ayush, Government of India. Completed his Bachelor of Unani Medicine and Surgery (BUMS) from State Unani Medical College, Allahabad, affiliated with CSJM University, Kanpur, Uttar Pradesh, and subsequently obtained his MD in Unani Medicine from the National Institute of Unani Medicine (NIUM), Bengaluru. Prior to joining CCRUM, Dr. Abdullah served as an Assistant Professor at State Unani Medical College, Allahabad, where he gained approximately five years of academic and teaching experience. He joined CCRUM as a Research Officer (Unani) in 2022. With around nine years of clinical experience, he has developed expertise in clinical practice, teaching, and research in Unani medicine.

Dr. Abdullah has contributed to several national and international research publications and has actively participated in academic and scientific activities. He has delivered lectures and scientific presentations at various workshops, Continuing Medical Education (CME) programmes, seminars, and other academic forums.

His primary research interests include gastrointestinal disorders, skin disorders, and non-communicable diseases (NCDs), with a particular focus on the scientific validation and evidence-based evaluation of Unani approaches for their prevention and management.

2. Educational Qualifications

Degree/Qualification	Specialization	University/Institution	Year
MD	Ilmul advia	RGUHS Bangaluru Karnataka	2015
BUMS	Unani Medicine	CSJM University Kanpur Uttar Pradesh	2011

3. Areas of Specialization

- Pre-Clinical trials
- Clinical trials

- Unani Pharmacology
- Public Health
- Mental Health

4. Research Interests

- Gastrointestinal
- Non Communicable diseases
- Dermatology
- Public Health

5. Research Projects

Project Title	Role (PI/Co-PI/Investigator)	Funding Agency	Duration	Status
1. Efficacy of Poly herbal Formulation <i>Qurse Afsanteen</i> in The Management of Dyslipidemia: A Randomized Controlled trial	PI	CCRUM	02 Yrs	Yet to be started
2. A Clinical Validation study to Evaluate the safety and Efficacy of the Unani Pharmacopoeal Formulation <i>Halwa-e-Malkangani</i> in the Management of Zof-e-Asab [Neurasthenia(ICD-10:F48.0)]: An open Label, Single Arm Clinical Study	Co-PI	CCRUM	02 Yrs	Yet to be started

6. Major Scientific Contributions / Achievements

1. Intra-Mural projects
2. Clinical Validation of Unani Medicine
3. Public health

7. Publications & Scholarly Contributions

Category	Number / Details
Research Publications	09
Book Chapters	
Books/Monographs	
Patents / Technology / Products	
Conference Presentations	03

Selected Publications (5–10):

- I. Abdullah, Wadud A., Parveen S., Shamsi S. Hepatoprotective effect of hydroalcoholic extract of *Qurse Afsanteen*, apolyherbal Unani formulation, inchemically induced hepatotoxicity in rat. *International Journal of Green Pharmacy (IJGP)*. 2022 Sep 15;16(03).
- II. Abdullah MK, Hussain MK. Badam (*Prunus amygdalus* Bail.): A fruit with medicinal properties. *International Journal of Herbal Medicine*. 2017;5(5):114-7.

- III. Abdullah, Wadud A., Khalid M., Jamali MAH, Siddiqui U., Management of Liver Disorders in Unani Medicine: A Review. *Indian Journal of Unani Medicine*. 2022; 15(2):166-169
- IV. Shahzad N., Aslam M., Abdullah, Sultana N., Islam G., Tabassum. Afsantin (*Artemisia absinthium* L.): A Review. *World Journal of Pharmacy And Pharmaceutical Sciences*. 2018; 7(12): 471-479
- V. Azmi A, Khan SA, Siddiqui U, Sami M. Medicinal properties of Darchini (*Cinnamomum zeylanicum*): A review. *International Journal of Herbal Medicine*. 2024(6):9-11.
- VI. Therapeutic Importance of Darminah (*Artemisia maritima* Linn.) in the Perspective of Unani Medicine: A Review. 2026; Volume 11 (7):350-356
- VII. Chronic anal fissure treated with Unani formulation – A series of case reports. *Gastroenterology & Endoscopy* January 2024; 2(1):52-55

8. Awards, Honours & Recognitions

--

9. Professional Memberships / Fellowships

--