

# Publications

1. **Shagufta Nikhat, Ahmad G and Jahan N.** Study of Anti-Ulcereffect of *Coriandrum sativum* Linn. in Aspirin induced gastric ulceration in albino rats. Hippocratic journal. 2014; 9(2):45-58(UGC).
2. **Shagufta Nikhat, Ahmad G and Jahan N.** Anti-ulcereffect of Tukhm Kishneez in stress induced gastric ulceration in albino rats. Unani Medicus International Journal. 2010; 1(1):62-70(UGC).
3. Jahan N, **Shagufta Nikhat, Ahmad G.** Efficacy of Tukhm Kishneez (*Coriandrum sativum* Linn.) in stress induced gastric ulcer. Unani res online. 2011; 1(1): 17-25(UGC).
4. JA Khan, TA Ahmad and **Shagufta Nikhat.** Therapeutic evaluation of Unani formulation in the management of Bars (Vitiligo) – An observational study. American Journal of Pharmacy & Health Res 2013; 1(7): 87-92(UGC).
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  16. JA Khan, **S Nikhat**, N Ahmad, S Zohaib, SA Paray. Fasad (Venesection): An important regimens in Unani System of Medicine. TANG online journal 2017; 7(4)(UGC).
  17. S Jabeen, **S Nikhat**, N Ahmad, SA Paray, JA Khan. Khurfa (*Portulaca oleracea* Linn.) in Unani System of Medicine and Phyto-pharmacological Studies: A Review. Research and reviews journal of Unani, Siddha and Homeopathy 2017; 4(1): 11-17.
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  19. ZA Paray, SA Paray, Javed A Khan, S Zohaib and **S Nikhat**. Anticancer activities of Papaya (Carica papaya): A Review. TangonlineJournal 2018; 8(4)(UGC).
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  24. JA Khan, **S Nikhat** and MA Siddiqui. Fasad Ekhamtriqayeilaj. Jahan-e-Tib 2012; 54-60(UGC).
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  26. JA Khan, MA Siddiqui, T Ahmad and **S Nikhat**. Ghizaye Insanifusoolearbakehawala se: Ekmatala. Jahan-e-Tib 2012; 48-53(UGC).
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46. Shagufta Nikhat, SA Paray, Khan JA. Assessment of Temperamento of outdoor patients of DUMC, An observational study. JETIR. 2023; 10(7): e45.
47. Malik Itrat, Yezam Akhtar, Faiza Nasir, T Nadeem Khan, M Arshad Jamal, Shagufta Nikhat. Conceptual understanding of preventive strategies for metabolic disorders in Unani Medicine: A Narrative review. Alternative therapies in Health and Medicine. 2023; 29-(8): 233-239.

#### **Book:**

1. **Mufridat-e-Asri.** Hidayat Publishers & Distributors, New Delhi, 2023; ISBN 9789392024139

2. **Mufridat-e-Azeezi.** Hidayat Publishers & Distributors, New Delhi, 2019.
3. **Asma-ul-Advia**(Translation from Persian to Urdu), Maswood Publishing House, Deoband, 2013; ISBN 9789353117719
4. **Mufridat-e-Maseehayee**(Translation from Persian to Urdu). Maswood Publishing House, Deoband, 2013. ISBN 9789353112103
5. **RoleofCoriandrumssativumLinninGastric Ulcer** (Monograph). Lambert academicpublishingHouse. 2012.ISBN 3659232777

**Book Chapters:**

1. **ShaguftaNikhat** (2019). Mufridat-e-Maseehayee:MufridatparmubniekMakhtoota. Islahi Health Care New Delhi
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