

Publications

1. **Nawab M**, Mannan A & Mishbahuddin, (2008) *Evaluation of Efficacy Of Polyherbal Unani Formulation on Eczema*, **Indian Journal of Traditional Knowledge**, Vol 7 (2) pp. 341-344 (Impact Factor 2022: 0.8).
2. **Nawab M** & Ali Dilshad, (2009) *Evaluation of Efficacy of Compound Unani Formulation in Zaheer-e-Amoebai (Amoebic Dysentery)* **Indian Journal of Unani Medicine**, Vol. 2, Issue 2 pp.
3. Ahmad, N., **Nawab, M.** and Uddin, Q. (2019) ‘Medicinal Properties Of Gilo (*Tinospora Cordifolia*) - A Review’, *World Journal Of Pharmacy And Pharmaceutical Sciences*, 8(8), Pp. 430–440. Doi: 10.20959/Wjpps20198-14332.
4. Ahmad, N., **Nawab, M.** and Kazmi, M.H. (2019), Medicinal Potential of Jamun (*Syzygium cumini* Linn): A Review. *Journal of Drug Delivery and Therapeutics*. 9, 5 (Sep. 2019), 175-180. DOI:<https://doi.org/10.22270/jddt.v9i5.3568>.
5. Ahmad, N., **Nawab, Mohammad** and Kazmi, M.H, (2019), Efficacy of a Unani Regimen in the Treatment of Yaraqän (Jaundice): A Case Report, *Hippocratic Journal of Unani Medicine*, 14(4), 37-44
6. Alam, Khurshid, **Nawab, Mohammad** and Kazmi, M.H, (2019), Pharmacological and Therapeutic Profile of Käfür (*Cinnamomum camphora* (L.) J. Presl) – A Review, *Hippocratic Journal of Unani Medicine*, 14(3), 1-16
7. Aaliya, **Nawab, Mohammad** and Kazmi, M.H., (2019), Effectiveness of a Unani Formulation in the Management of Quba (*Tinea Corporis*)- A case Report, *Unimed Kulliyat*, 11(1 & 2), 41-45
8. Aaliya, **Nawab, Mohammad**, Kazmi, M.H and Ayyub, Sana., (2020), Therapeutic Approach and Management of Qübä in the Perspective of Unani Medicine – A Review, *Hippocratic Journal of Unani Medicine*, 15(3), 1-11
9. Qaiyyum, Ifra Abdul and **Nawab, Mohammad**, (2020), A Review on Pharmacological and Therapeutic Profile of Turmus (*Lupinus albus* L.), *Hippocratic Journal of Unani Medicine*, 15(3), 11-24
10. Aaliya, **Nawab, Mohammad**, Kazmi, M.H and Ayyub, Sana., (2020), A Randomized Active Controlled Clinical Trial to Evaluate Safety and Efficacy of a Topical Unani Formulation Marham Kharish Jadeed in the Management of Qübä(*Tinea Corporis*), *CellMed*, 10(3), 1-7

11. Qaiyyum, Ifra Abdul and **Nawab, Mohammad**, (2020), Clinical Effectiveness of a Unani Regimen in the Management of Hasāh al-kuliya (Nephrolithiasis): A Case Report, *CellMed*, 10(3), 1-7
12. Qurratulain, **Nawab, Mohammad** and Kazmi, M.H, (2020), A Clinico-epidemiological Profile of Dyslipidaemia and its Association with Temperament - A Cross Sectional Study, *CellMed*, 10(4), 1-7
13. Qaiyyum, Ifra Abdul and **Nawab, Mohammad**, (2021) A review on pharmacological and therapeutic profile of zaranbad (Curcuma zedoaria Rosc.), World Journal of Pharmaceutical Sciences, Volume 9, issue 1, pp.60-66.
14. Ahmad, N., **Nawab, M.** and Kazmi, M.H, (2021) Evaluation of efficacy and safety of a polyherbal Unani formulation indiabetes mellitus type 2 (Zayābītus Sukkari Qism Sāni) - a randomized controlled clinical study, Indian Journal of Traditional Knowledge, Volume 20 (1), pp.15-20. (**Impact Factor 2022: 0.8**).
15. Kaiyum Abdul, Qaiyyum, Ifra Abdul **Nawab, Mohammad** and Arzeena Jabeen, (2021) Evaluating Clinical Efficacy and Safety of A Unani Formulation in the Management of Nazla-i-Muzmin (Chronic Rhinosinusitis), Indian Journal of Traditional Knowledge, Volume 20, issue 3, pp.644-650.
16. Alam, K., **Nawab, M.** and Kazmi, M.H, (2021) A randomized controlled clinical study to evaluate efficacy and safety of a topical Unani formulation in the management of Nār Fārsī (Eczema), Indian Journal of Traditional Knowledge, Volume 20, issue 3, pp.644-650, 2021 (**Impact Factor 2022: 0.8**)
17. Bhoraniya, AI, Fatima S.H, and **Nawab, Mohammad**, (2021) The Current Understanding of the Clinical Condition Bahaq (Pityriasis Versicolor) – Hypothesis and A Review of Evidences, Traditional and Integrative Medicine, 6(3),
18. Qaiyyum, I. A., Nawab, M., & Kazmi, M. H. (2021). A randomized controlled clinical trial to evaluate safety and efficacy of a Unani formulation in the management of Kalaf (Melasma). *Journal of complementary & integrative medicine*, 20(1), 233–240. <https://doi.org/10.1515/jcim-2021-0353>
19. Ghousia Tabassum, Asma Abid, Najmuddin Ahmad Siddiqui, Mohammad Nawab, Amir Azam, (2021), Standardization and Safety Study of Safoof-e-Ziabetus Dulabi – A Unani Pharmacopoeial Compound Formulation, The Journal Of Oriental Research Madras, Vol. XCII-XLVI, 15-30.
20. Qaiyyum, Ifra Abdu,l Kazmi, M.H and **Nawab, Mohammad** (2022) A Clinico-epidemiological Study of Kalaf (Melasma) and its Impact on Quality of Life, Hippocratic Journal of Unani Medicine, 15(4), 61-75.
21. Ain, Q., Nawab, M., Ahmad, T., Kazmi, M. H., & Naikodi, M. A. R. (2022). Evaluating the safety and efficacy of a polyherbal Unani formulation in dyslipidaemia-a prospective

randomized controlled trial. *Journal of ethnopharmacology*, 289, 115036. <https://doi.org/10.1016/j.jep.2022.115036> (**Impact Factor 2022: 5.4**)

22. Ismail, B. A., Nawab, M., Fatima, S. H., Minhajuddin, A., & Rasheed Naikodi, M. A. (2022). Evaluation of the efficacy and safety of Unani Formulations in Pityriasis Versicolor: A randomized controlled trial. *Journal of ethnopharmacology*, 298, 115603. <https://doi.org/10.1016/j.jep.2022.115603> (**Impact Factor 2022: 5.4**)
23. Naseem, S., **Nawab, M.**, Fatima, S. H., Minhajuddin, A., & Khan, A. A. (2022). Assessing the efficacy and safety of Unani pharmacopoeial formulations in dermatophytosis (quba) - a randomized controlled trial. *Drug metabolism and personalized therapy*, 38(2), 169–177. <https://doi.org/10.1515/dmpt-2022-0125>
24. Bhoraniya Abdullah Ismail, Ifra Abdul Qayyum , Syed Abidurrahman , Mohd Afsahul Kalam , **Mohammad Nawab**, Management of Herpes zoster (Namla) through Unani medicine: A Case Report. J Biol Sci Opin 2022;10(4):52-55.
25. Ifra Abdul Qaiyyum , **Mohammad Nawab** , Ayesha Aijaz and Anam Farah A Review On Phytoconstituents and Therapeutic Uses of Muqlil (*Commiphora mukul*), Indian Journal of Unani Medicine, Vol. 15, Iss. 1, 2022
26. Bhoraniya Abdullah Ismail, **Mohammad Nawab**, Juveria Jabeen, Ansari Umme Ammara Maqbool Ahmad, Qamar Uddin, Ahmed Minhajuddin Ethno-Pharmacology, Therapeutics, Pharmacokinetics, and Toxicology of Samm-ul Far (Arsenic) In Traditional Medicine: A Narrative Review, Indo Am. J. P. Sci, 2022; 09(3)
27. Md Aftab Alam, Uzma Viqar, Ahmed Minhajuddin, Syeda Hajra Fatima, **Mohammad Nawab** and Shayni Khan., “Detoxification of the Therapeutically Essential Drug Aelwa (Aloe vera (L.) Burm.f.) Using a Modified Traditional Method”. EC Pharmacology and Toxicology 10.4 (2022): 84-94
28. Sultan Ul Haque, Javed Ahmad, Mohammad Avid, Khan Asma Mohd Anis, Qamar Uddin, **Mohammad Nawab**, Arzeena Jabeen, Mohd Afsahul Kalam, (2023) Qūbā (Dermatophytosis) and its Management: A Comprehensive Overview in the Light of Unani Medicine, International Journal of Novel Research and Development, Volume 8 (9):137-144
29. Ahmad, N., **Nawab, Mohammad.**, Kazmi, M.H, Masud Shaikh (2023) Efficacy of a Unani regimen in the treatment of Dhayābītus Sukkarī Qism Thānī (diabetes mellitus type 2) type 2): A case report, HJUM, Vol 16(3):65-72
30. Bhoraniya Abdullah Ismail, **Mohammad Nawab**, Syeda Hajra Fatima, (2024), A Single Centre Demographic and Clinico-epidemiological Profile of Pityriasis Versicolor in Adults: A Cross-Sectional Study, Bangladesh Journal of Medical Science Vol. 23 No. 01 January'24 Page : 141-149 (**Impact Factor 2022: 0.9**)

31. **Nawab M**, Sherwani F., (2024) Understanding validation of traditional approaches to health: An analysis of research trends and the need for minimum standards- A systematic review, Indian Journal of Traditional Knowledge, Vol. 23 (3) pp. 213-223 (**Impact Factor 2022: 0.8**). <https://doi.org/10.56042/ijtk.v23i3.2500>