



राष्ट्रीय त्वचा रोग यूनानी चिकित्सा अनुसंधान संस्थान

NATIONAL RESEARCH INSTITUTE OF UNANI MEDICINE FOR SKIN DISORDERS طب یونانی کا قومی تحقیقاتی ادارہ برائے امراض جلد

Under Central Council for Research in Unani Medicine, Ministry of AYUSH, Government of India

Affiliated to Kaloji Narayana Rao University of Health Sciences, Warangal, Telangana State

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Details of the Research carried out (Dissertations) by the Institute

Department of Moalajat (Medicine)

S. No.	Title of the Research Work	Name of the Scholar	Year	Name of Supervisor
1.	A Clinical Study to Evaluate the Efficacy and Safety of <i>Tukhm-i Kahu</i> in the Management of <i>Zagħt al-Dam Qawī Lāzimī</i> (Essential Hypertension)	Zareena Aquil	2016	Prof. Qamar Uddin
2.	A Clinical Study to Evaluate the Efficacy and Safety of <i>Habb-i Hindi</i> (O) and <i>Habb-i Baras</i> (L) in the Management of <i>Baras</i> (Vitiligo)	Nazim Husain	2016	Prof. Qamar Uddin
3.	A Clinical Study to Evaluate the Efficacy and Safety of <i>Tila-iMuhasa</i> in the Management of <i>Busūr Labaniyya</i> (Acne Vulgaris)	Mohd Azahar	2016	Prof. Qamar Uddin
4.	A Clinical Study to Evaluate the Efficacy and Safety of a Polyherbal Unani Formulation in the Management of <i>Zayābītus Sukkari Qism Sāni</i> (Diabetes Mellitus Type 2)	Nadeem Ahmad	2016	Dr. Mohammad Nawab
5.	A Clinical Study to Evaluate the Efficacy and Safety of <i>Marham-e-Safeda Kafoori</i> in the Management of <i>Nār Fārsī</i> (Eczema)	Khurshid Alam	2016	Dr. Mohammad Nawab
6.	A Clinical Study to Evaluate the Efficacy and Safety of <i>Marham Kharish Jadeed</i> in the Management of <i>Qūbā</i> (Tinea Corporis)	Aaliya	2016	Dr. P. Mohd. Mazhar Hussain
7.	A Clinical Study to Evaluate the Efficacy and Safety of Unani Formulations – <i>Majoon Mundi</i> (O) and <i>Qairooti-e-Karnab</i> (L) in the Management of <i>Dā al-Ṣadaf</i> (Psoriasis)	Gulnaz Fatima	2016	Dr. Arzeena Jabeen
8.	A Randomized, Standard Controlled Clinical Study to evaluate the Safety and Efficacy of <i>Jawarish Falafili</i> in the Treatment of <i>Fart-e-Tadassum fi'l Dam</i> (Dyslipidaemia)	Qurratul Ain	2017	Dr. Mohammad Nawab
9.	A Randomized, Parallel Group, Open Label, Controlled Clinical Study to evaluate the Safety and Efficacy of a Unani Pharmacopoeial Formulation – <i>Habb-e-Baryuma</i> in <i>Waja 'al-Mafāsīl</i> (Rheumatoid Arthritis)	Nishat Fatima	2017	Prof. Qamar Uddin
10.	A Single Blind, Randomized, Parallel Group, Controlled Clinical Study to compare the Efficacy and Safety of a Unani Drug – Atrilal (O+T) with Conventional Drug – Psoralen (O+T) in the Treatment of <i>Baras</i> (Vitiligo)	Mozakkir Husain	2017	Prof. Qamar Uddin
11.	A randomized, controlled, parallel group, single blind clinical study to evaluate the efficacy and safety of a Unani compound topical formulation in the treatment of <i>Kalaf</i> (Melasma)	Ifra Abdul Qaiyyum	2017	Dr. Mohammad Nawab

12.	A Single Blind, Randomised, Active Controlled Clinical Study to evaluate the Efficacy and Safety of a combination of Unani drugs – <i>Qurs-e-Zayabitus Khas</i> and <i>Qurs-e-Tabasheer</i> in <i>Dhayābītus Hārr Qism Thānī</i> (Type 2 Diabetes Mellitus)	Bathena Anudeep	2017	Prof. Qamar Uddin
13.	Therapeutic Evaluation of a Unani Pharmacopoeial Formulation – <i>Dawa-e-Gurda</i> in <i>Hasāh al-Kulya</i> (Nephrolithiasis): a Single Arm, Open Label, Prospective Clinical Study	Makula Swathi	2017	Dr. P. Mohd. Mazhar Hussain
14.	A Randomized, Parallel Group, Controlled, Open Label Clinical Study to compare the Efficacy and Safety of Unani Formulation with Levocetirizine in <i>Nazla I Muzmin</i> (Chronic Rhinosinusitis)	Mohd Abdul Kayum	2017	Dr. Arzeena Jabeen
15.	A Randomized, Active-Controlled, Assessor-Blinded, Parallel Group Clinical Study to evaluate the safety and efficacy of <i>Qurs-e-Mafasil</i> in the Management of <i>Waja'al-Mafāṣil</i> (Rheumatoid Arthritis)	Ansari Umme Ammara Maqbool Ahmad	2018	Prof. Qamar Uddin
16.	A Randomized Parallel Group Open-Label Standard Controlled Clinical Study to evaluate efficacy and safety of Unani Formulations (Oral & Topical) in Management of <i>Bahaq</i> (Pityriasis Versicolor)	Bhoraniya Abdullah Ismail	2018	Dr. Mohammad Nawab
17.	A Randomized, Active-Controlled, Assessor-Blinded, Parallel Group Clinical Study to evaluate the safety and efficacy of <i>Asgand</i> and <i>Brahmi</i> in the Management of <i>Qillat-e-Darqiyyat Aṣli</i> (Primary Hypothyroidism)	Juveria Jabeen	2018	Prof. Qamar Uddin
18.	A Randomized, Parallel Group, Open-Label, Standard Controlled Clinical Study to evaluate the efficacy and safety of <i>Marham-e-Akbar</i> in the Management of <i>Nār Fārsī</i> (Eczema)	Mohammed Khalid Zaki Mohd Sami	2018	Prof. Ahsan Farouqi
19.	A Randomized Parallel Group Open Label Standard Controlled Clinical Study to compare the efficacy and safety of Unani Pharmacopoeial Formulation <i>Roghan-e-Narjeel</i> with Itraconazole in the Management of <i>Qūbā</i> (Dermatophytosis)	Saima Naseem	2018	Dr. Mohammad Nawab
20.	A Randomized, Active-Controlled, Assessor-Blinded, Parallel Group Clinical Study to compare the safety and efficacy of Polyherbal Unani Formulations (O+T) with PUVAsol and Mometasone in the Management of <i>Baraṣ</i> (Vitiligo)	Abdul Munim	2018	Prof. Qamar Uddin
21.	A Randomized, Open-Label, Active-Controlled Clinical Study to compare the safety and efficacy of <i>Itrifal-e-Shahtara</i> and <i>Marham Hina</i> with PUVAsol and Vaseline Petroleum Jelly in the Management of <i>Taqashshur al-Jild</i> (Psoriasis)	Faiza Khatoon	2018	Dr. Arzeena Jabeen

Department of Ilmu Advia (Pharmacology)

S. No.	Title of the Research Work	Name of the Scholar	Year	Name of Guide
1.	Study of Nephroprotective Effect of <i>Karafs (Apium graveolens L.)</i> in Cisplatin and Gentamicin-Induced Nephrotoxicity	Mohd. Naushad	2016	Dr. Mohammad Zakir
2.	Development of Quality Standards and SOPs of a Polyherbal Unani Formulation, <i>Safūf-i Mu'allif</i>	Abrar Alam	2016	Dr. Javed Inam Siddiqui
3.	Standardization of <i>Habb-e-Azaraqi</i> and its Toxicity Evaluation in Experimental Animals	Shabnam Anjum Ara	2016	Dr. Uzma Viquar
4.	Standardization and Evaluation of Anticancer Activity of a Unani Formulation on Human Cancer Cell Line	Mohd Nazir Mannan	2016	Prof. Munawwar Husain Kazmi
5.	Pre-Clinical Safety and Efficacy Study of <i>Majoon-e-Nisyān</i>	Masaoood Ahamad Azami	2016	Prof. Munawwar Husain Kazmi
6.	Standardization of a Polyherbal Unani Formulation – <i>Sharbat-e-Zoofa Murakkab</i>	Mohd Uzair Beg	2016	Prof. Munawwar Husain Kazmi
7.	Standardization of a Polyherbal Unani Formulation <i>Qurs-e-Sa'fa</i>	Mirza Belal Beg	2016	Dr. Uzma Viquar
8.	Quality Control of <i>Habb-e-Zeequn Nafas</i> and its Preclinical Toxicity Evaluation	Nargish Firdaus	2017	Dr. Uzma Viquar
9.	Antipyretic, Analgesic and Anti-thrombocytopenic Activity of a Polyherbal Unani Formulation in Experimental Animals	Safiya Khanam	2017	Prof. Munawwar Husain Kazmi
10.	Standardisation and Evaluation of Anti-microbial Activity of a Polyherbal Unani Formulation <i>Habb-e-Shahtara</i>	Uzma Zahid	2017	Prof. Munawwar Husain Kazmi
11.	Standardisation and Development of HPTLC Finger Printing of a Polyherbal Unani Formulation <i>Habb-e-Banafsha</i>	Ishtiyahq Ahmad	2017	Dr. Javed Inam Siddiqui
12.	Antipyretic, Analgesic and Anti-inflammatory Activity of <i>Qurs Afsanteen Saghir</i> in Experimental Animals	Md Maseehullah	2017	Prof. Munawwar Husain Kazmi
13.	Antidiabetic Activity of a compound Unani Formulation in Nicotinamide-Streptozotocin-induced Diabetic Rats	Mohd Anas	2017	Dr. Mohammad Zakir
14.	Standardisation and Development of SOPs of a Unani Formulation – <i>Itrifal Hakeem Ali</i>	Aaisha Ansari	2017	Dr. Uzma Viquar
15.	Development of Pharmacopoeial Standards and Evaluation of Anti-microbial Activity of a Polyherbal Unani Formulation <i>Qurs-e-Musaffi</i>	Md Sanaul Moin	2018	Dr. Javed Inam Siddiqui
16.	Physiochemical Standardization of <i>Capsule Mubarak</i> , a compound Unani Formulation and its Analgesic, Antipyretic and Anti-inflammatory Activity in experimental animals	Mehnaz Qureshi	2018	Prof. Munawwar Husain Kazmi
17.	Physicochemical Standardization of <i>Safoof-e-Ziabetus</i> and Evaluation of its Antidiabetic Activity in Nicotinamide-Streptozotocin- Induced Diabetic Rats	Najmus Sahar	2018	Dr. Mohammad Zakir
18.	Standardization, Preclinical Toxicity Evaluation and Anti-microbial Activity of <i>Qurs-i Bel</i>	Shayni Khan	2018	Dr. Uzma Viquar
19.	Development of Pharmacopoeial Standards and Evaluation of Anticancer Activity of a Classical Unani Formulation on Human cancer cell line	Md Aftab Alam	2018	Prof. Munawwar Husain Kazmi

20.	Standardization, Development of Standard Operational Procedure (SOPs) and Evaluation of Antimicrobial Activity of A Polyherbal Unani Formulation <i>Qurs-e-Mafasil</i>	Arjumand Naaz	2018	Dr. Uzma Viqar
21.	Physicochemical Standardization of Majoon Ustukhuddus and Evaluation of its Antiepileptic Activity in experimental animals	Arshad Qureshi	2018	Prof. Munawwar Husain Kazmi