

Director's Profile



Dr. Younis Iftikhar Munshi, I/C Director

Name	Dr. Younis Iftikhar Munshi
Date of Joining as I/C Director	23.09.2023
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Dr. Younis Iftikhar Munshi is presently working as I/C Director of the National Research Institute of Unani Medicine for Skin Disorders, Hyderabad (Formerly Central Research Institute of Unani Medicine, Hyderabad). After receiving basic education from the Jammu and Kashmir Board of School Education, he completed his BUMS from Sri Venkateswara University, Tirupati, Andhra Pradesh in 1992.

He joined the Central Council for Research in Unani Medicine in 1993 as an Assistant Research Officer (Unani); he was promoted to Research Officer (Unani) in 1996. In 2006, he completed his MD in Tahaffuzi Wa Samaji Tibb (Preventive and Social Medicine) from Jamia Hamdard, New Delhi. Dr. Munshi has been working at RRIUM, Kolkata as Head of the Institute since 2018, and he was promoted to Deputy Director of RRIUM, Kolkata in June 2021.

Dr. Munshi has 31 years of experience in the field of Unani medical research. He has significantly contributed to clinical studies conducted by the CCRUM on several health conditions including Chronic Rhinosinusitis, Post-Menopausal Syndrome, Frostbite, Osteoarthritis, Juvenile Rheumatoid, Essential Hypertension, Cervical Erosion, and Bronchial Asthma. He has participated in and presented Research papers at National and International Conferences in and outside the country. Of these, worth mentioning is the 9th International Conference on "Functional Food Components in Health and Disease" organized by Functional Food Center, Texas, USA at the University of San Diego, California, USA from August 16-18, 2011. He has delivered keynote addresses and talks in Seminars, Symposia, Conferences, and Workshops on different aspects of Unani Medicine and to date has published more than 20 papers based on scientific research in Unani Medicine in Indian and foreign journals.

Dr. Munshi has attended many training programmes, of these, Training Programme on Research Methodology, CCRUM, New Delhi and WHO Collaborative Programme; Training Programme on Sample Size Estimation by Indian Institute of Public Health, Gurgaon, New Delhi; and Certificate Course in Health Research Fundamentals by Indian Council of Medical Research and NPTEL deserve special mention.

Dr. Munshi has served as a Member of the International Advisory Board, 10th International Conference on "Functional Food Components in Health and Disease", USA; Member of the American Chemical Society, USA; Member of the International Association for the Study of Traditional Asian Medicine (IASTAM), Germany.

Dr. Munshi was honored with Best Researcher and Regimenal Therapy Expert Award by the Unani Doctors Association of Telangana State; and Ayush Gaurav Award at Central Ayurveda Research Institute for Drug Development (CARIDD), Kolkata.